

Monthly Newsletter

January 4th, 2021

Le 4 janvier, 2021

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## T.M. Roberts Elementary School

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"Children are made readers on the laps of their parents."

– Emilie Buchwalkd

### Welcome Back!

We are looking forward to welcoming you back from the break. Although this Christmas was not the same as we usually had, we hope you enjoyed your time with your inner bubble.

### Pink Shirt Orders

Staples is offering once again their Pink Shirt Fundraisers. T-shirts are \$10 and hoodies are \$25. This year there is the option of a French message (sois gentil) and there is a national contest for an Aboriginal design as well, (the design pictured on the order forms may not be the design that is chosen). Order forms were sent home the week before the break. The due date for the order and money is January 14<sup>th</sup>.

### Food Bank Challenge

Our school is working on filling the shelves at the food bank. This project was conceived by one of our noon hours supervisors and will be taken on by Mrs. Reinarz and Mrs. Gauthier's 4/5 classroom led by our Youth Care Worker Mrs. Garson. Students can start bringing in their non-perishable items at any time for the month of January.

### Grade 6 Transition Letters

We are starting to look at which school our Grade 6 students will be attending next year. Later this month you will receive a letter home indicating your catchment area school. **All students continuing in French Immersion will continue their studies at Parkland Middle School.** All English students or students transitioning to English will be scheduled to attend their catchment area school

### Upcoming Dates

#### January 12

CPF Meeting – 6 pm

#### January 14

Pink Shirt Orders Due

#### January 19

PAC Meeting – 6:30 pm

as indicated in the letter. If you would like to be considered for attending the other middle school, Student Placement Request forms can be submitted to the Cranbrook Board Office beginning February 1<sup>st</sup>.

## Out of Catchment Letters

The annual out-of-catchment letters will be sent home later this month. **This does not apply to out-of-catchment French Immersion students as we are the only French Immersion elementary school in Cranbrook.** Please be sure to send your response as soon as possible according to the letter. Letters do not get returned to the school, but to the **Cranbrook Board Office**. The information is needed for establishing our numbers and budgets for next year.

## CPF – Canadian Parents for French

Our next Canadian Parents for French Meeting will be **Tuesday January 12, 2021 @ 6pm** on the Zoom platform.

CPF is a volunteer group with access to student and parent resources and opportunities. We champion French learning opportunities and help sponsor French performers and experiences in our Cranbrook and Fernie schools. [Memberships are FREE this year.](#) Click on the link for your membership.

Same zoom link for all meetings:

<https://uvic.zoom.us/j/84094065963>

## Kindergarten Registration

If you have any children, or know of families who are planning on attending our school in the fall of 2021, registration commences Monday, February 1<sup>st</sup>, 2021.

## Next Year's Information

If you are considering changing programs, schools or if you are moving please contact the office and let us know as this information is very important in our planning for the 2021/2022 school year. Thank you!

## Ktunaxa Month Names

Do you wonder how to pronounce the current newsletter month in Ktunaxa? Click on the [link](#) to learn how.

## New Student Registration

Please see the attached article.

## Approved 2021.2022 Annual School Calendar

See the attached. It can also be found on the T.M. website

### Save-On Foods Fundraiser

Every time you shop at Save-On Foods, you can ask the cashier to put **5%** of your purchases towards our school – and it doesn't cost you a thing! We use these funds to pay for enhanced curricular activities such as gymnastics, skating and field studies.



Thanks to Save-On-Foods for supporting Cranbrook schools!



There is so much to explore in our vegetable garden, even in the winter!

## P.A.C. NEWS

### Next TM PAC Meeting:

The next TM PAC meeting will take place via Zoom on January 19, 2021 at 6:30pm. Any parents/caregivers for current students are welcome to attend. It is a great way to find out about what is happening at our school and offer your input on how to enhance our school community.

### Looking Forward:

The TM PAC will be hosting a virtual Spirit Week in February 8<sup>th</sup> – 12<sup>th</sup>, 2021. Watch for a backpack stuffer early in the New Year as well as information on our Facebook Page

<https://www.facebook.com/groups/TMPAC>.

### Current Fundraising:

Passport to the Kootenay's coupon books are available on the schools Munch-a-lunch site for \$45.00. <https://munchalunch.com>. This is a great way to support both the school and local businesses in our community. All businesses added their coupons to the book between April and September 2020 and would love your business at a discounted price.

### Hot Lunch:

Please continue to check out the TM PAC Facebook page <https://www.facebook.com/groups/TMPAC> for updates.

Munch a Lunch credits can be used for future Hot Lunches or on any fundraising items offered throughout the year.

# TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

**Spend quality time with kids.**  
When they feel loved and supported, children develop emotional strength.

**Talk about feelings so your child learns to share their worries and fears with people they trust.**

**Instead of rushing to solve problems, give kids time to work things out themselves.**

**When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.**

**Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.**

**If your child can't find a solution to a problem, use gentle questioning to guide them towards it.**

**Ensure kids are eating well and getting enough sleep and exercise.**

